



Contents of the Sensory Backpack



1 Set (Three Sheets) Communication Boards

Low-tech AAC board used to help non-speaking and minimally-speaking people communicate



1 (One Pair) Sunglasses

Reduces the intensity of light for those with heightened sensitivity to light



1 (One) Fidget Spinner

Stress relieving by providing calming tactile sensory input



1 (One) Tangle Fidget Toy

Improve hand strength, relieve anxiety and stress



1 (One) Koosh Ball

Tactile stimulation that can help with concentration and stress relief



1 (One) Jumbo Ooze Tube 1 (One) Glitter Cylinder

Eases anxiety by providing calming, visual stimulation



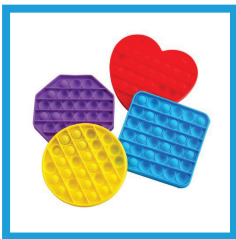
1 (One Pair) Noise Reducing Headphones

Blocks out external noises for those with noise sensitivity



1 (One) Weighted Lap Pad

Provides deep pressure for extra comfort or tactile stimulation. Can help with concentration and focus. Weighs 3 lbs.



1 (One) Pop It

Calming tactile tool that can help ease anxiety and stress



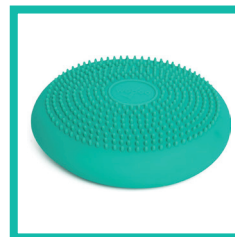
1 (One) Weighted Bean Bag Snake

Weight supports focus and attention by providing light proprioceptive input, and aids in self-regulation. Weighs 1.7 lbs.



1 (One) Stretch Therapy Bands

Provides gentle resistance and can be used for sensory integration, exercise and coordination



1 (One) Wiggle Seat

Provides tactile stimulation and can improve focus

Adult Supervision is recommended.