



Contents of the Sensory Backpack

The Sensory Backpack contains a variety of these items.



Communication Boards

Low-tech AAC board used to help non-speaking and minimally-speaking people communicate.



Sunglasses

Reduces the intensity of light for those with heightened sensitivity to light.



Fidget Spinner

Stress relieving by providing calming tactile sensory input.



Tangle Fidget Toy

Improve hand strength, relieve anxiety and stress.



Koosh Ball

Tactile stimulation that can help with concentration and stress relief.



Ooze Tube

Eases anxiety by providing calming, visual stimulation.



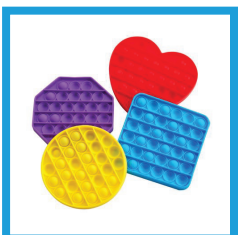
Noise Reducing Headphones

Blocks out external noises for those with noise sensitivity.



Weighted Lap Pad

Provides deep pressure for extra comfort or tactile stimulation. Can help with concentration and focus. Weighs 3 lbs.



Pop It

Calming tactile tool that can help ease anxiety and stress.



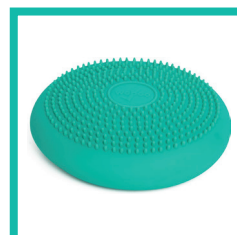
Weighted Bean Bag Snake

Weight supports focus and attention by providing light proprioceptive input, and aids in self-regulation. Weighs 1.7 lbs.



Stretch Therapy Bands

Provides gentle resistance and can be used for sensory integration, exercise and coordination.



Wiggle Seat

Provides tactile stimulation and can improve focus.

Adult Supervision is recommended.